

Approved for Participation

Date of Last Physical

**WILLSBORO CENTRAL SCHOOL  
ATHLETIC CONTRACT: PARENT / STUDENT ATHLETE**

***This form must be returned to Willsboro Central School Athletic Department prior to the first practice session.***

Student's Name: \_\_\_\_\_

I, \_\_\_\_\_ parent/guardian of the student above, in signing this recognize it is an honor and a privilege to represent Willsboro Central School and its interscholastic athletic program. By accepting this honor, my son / daughter and I will accept the responsibilities that are associated with the program. These responsibilities include the rules set forth by Willsboro School, the MVAC, and the NYSPHAA.

I also recognize that interscholastic sports involve risk of injury to the participant, which could be serious and life threatening. The school does have accident insurance; however, all expenses incurred must be submitted to the parent/guardian/student's insurance company for payment. Any balance will be submitted to the school insurance program.

In case of an injury, coaches and other school personnel are hereby authorized to provide first aid and arrange for emergency treatment.

I have read the athletic handbook and understand the expectations and agree my son/daughter will abide by them and hereby grant permission for him/her to participate in the interscholastic athletic program at Willsboro Central School. I am also aware that information regarding concussions (treatment, prevention, etc.) can be found on the Willsboro Central School website in the "sports" section.

**2024 - 2025**

Athletic Year

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

Emergency contact numbers: \_\_\_\_\_  
Home Work Cell

**Athlete's Commitment**

I understand that participating in high school athletics gives me a special opportunity to develop not only my physical conditioning and athletic skill, but also character traits I need for success in life. I, therefore commit to strive for the following during the upcoming season:

**Competence** – *The knowledge and skill I need to train and effectively compete*

- To develop the skills necessary to participate competently in the sport.
- To demonstrate knowledge of the rules and conventions of the sport.
- To demonstrate knowledge and strategies of the sport.
- To demonstrate a level of physical conditioning and fitness sufficient to participate competently in the sport.
- To demonstrate knowledge of healthy behaviors, including nutritional issues.
- To abstain from the use of alcohol, tobacco, and other drugs in order to achieve the positive benefits of interscholastic athletics.

**Character** - *My beliefs, attitudes and skills that support moral behavior and represent the positive values of Willsboro Central School and the greater community.*

- To be dependable in fulfilling obligations and commitments
- To accept responsibility for consequences of actions and not to make excuses or blame others.
- To strive to excel.
- To be committed.
- To persevere, give 100% effort and not give up in the face of setbacks.
- To be honest.
- To play by the rules of the sport and not cheat.
- To control anger and frustration and refrain from displays of temper and bad language.
- To accept losing and winning graciously; to congratulate opponents, and refrain from negative behaviors.

**Civility** – *Behavior that shows respect and concern for others – treating them as I would want to be treated.*

- To practice good manners on and off the field
- To refrain from trash talk and other put-downs of opponents and teammates.
- To treat all persons respectfully regardless of individual differences, to show respect for legitimate authority (coaches, captains and officials).
- To be fair and treat others as one wishes to be treated.
- To listen to and try to understand others.
- To be compassionate and sensitive to others and actively support teammates in victory and defeat.

**Citizenship** – *understanding that being part of a team is about my responsibility to my teammates, and not just about what's important to me.*

- To be faithful to the ideals of the game including sportsmanship.
- To keep commitments to my team.
- To show team spirit, encourage others and contribute to good morale.
- To put the good of the team ahead of my personal gains.
- To work well with teammates to achieve team goals
- To accept responsibility and set a good example for teammates, younger athletes, fans and school community.

**My signature below indicates my commitment to the above and my willingness to live within the boundaries established in our school's athletic code.**

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**Athlete's Signature**

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**Date**